

Supplementary Table 1. Demographics and patient characteristics

Characteristic	UBELD (n = 80)	MEL (n = 73)	PELD (n = 62)	Total (n = 215)
Age (yr)	67.85 ± 6.32	69.68 ± 8.43	67.6 ± 9.58	68.4 ± 8.1
Sex				
Male	34 (42.5)	52 (71.2)	41 (66.1)	127 (59.1)
Female	46 (57.5)	21 (28.8)	21 (33.9)	88 (40.9)
Level				
L2–3	4 (5)	5 (6.8)	1 (1.6)	10 (4.7)
L3–4	16 (20)	6 (8.2)	15 (24.2)	37 (17.2)
L4–5	46 (57.5)	56 (76.7)	45 (72.6)	147 (68.4)
L5–S1	14 (17.5)	6 (8.2)	1 (1.6)	21 (9.8)

Values are presented as mean ± standard deviation or number (%).

UBELD, unilateral biportal endoscopic lumbar decompression; MEL, microendoscopic laminotomy; PELD, percutaneous endoscopic lumbar decompression.